



Prenatal Classes

Free Prenatal Classes are running frequently at the Ontario Early Years Centre, Belleville site. Women and their support person are encouraged to learn how to have a healthy pregnancy and birth.

Call the **Health Unit @ 613-966-5513 x223** to get all the registration information that you need. A Public Health Nurse will answer any questions that you may have and get you started to an even healthier pregnancy. Classes are filling up quickly, it's never too early to call.

*Location: Family Space/OEYC
301 MacDonald Avenue, Belleville*

