

Get physical
with books!

Let's share: From Head to Toe

Sing & Dance with Me!

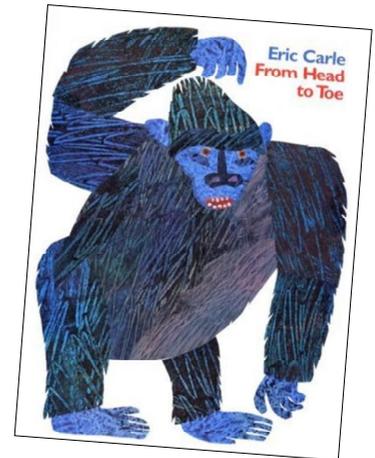
This book explores how animals and humans can move their bodies. *How else can our bodies move?*

When reading this book invite the children to stand up and move physically. Encourage each child to imitate and label the actions.

Add a sing-song voice when you read the repeated phrases: *Can you do it?* and *I can do it?* Say these phrases a bit louder! Use big exaggerated gestures pointing to the children and yourself!

Play lively instrumental music inviting the children to get up and dance. Every few minutes *STOP* the music, shout *FREEZE!* and invite one child to open the book at any page. Read the text and demonstrate how to move. Scan the group to see that everyone gives it a try! Encourage participation by joining in on the play!

Sing *I went to visit the zoo one day and saw a monkey across the way. And this is what I heard him say: EEEEEEE!* Use the pages in the book to choose what animal to sing about. Be dramatic!



Take it Outside!

Go for a *hop-skip and a jump* to look for creatures big and small. What body parts do they have? How do they move them? Show me?

Take scarves outside to flap like wings on a bird. Up, up and away!

Create with Me!

For picture props to go along with this book, go to kizclub.com (Stories & Props).

Laminate and cut out the pictures. Put in a basket and have children take turns selecting an animal for the whole group to act out while moving around the room.

Take photos of creatures you find outside on a walk. Add text and make a classroom book. *I am a bird. I flap my wings up and down. Can you flap your wings? I can do it!*



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