

## Literacy Learning and Technology



Children learn language and literacy skills best during natural, fun interactions and through conversations with important people in their lives.

***Apps and other types of technology*** can be fun tools to engage children in learning. But remember, the technology itself isn't increasing your child's language and literacy skills. It's the conversations you have when exploring technology together that helps your child learn.

### **Guidelines from Canadian Paediatric Society and American Academy of Pediatrics for school-age children:**

- Limit television and video viewing to less than 1-2 hours a day.
- Select and view movies, games and apps together. Talk about the ideas, emotions, ethics, and skills they promote.
- Keep screens in public spaces in your house so you can talk together about information and social experiences they find on the internet.

***Ontario Early Literacy Specialists***

